



Yorktown  
HIGH SCHOOL

PTA

## Yorktown PTA Meeting

October 19, 2020, 7:30-9:00

Informal Discussion 7:00-7:30



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WELCOME

**I. Welcome and Introductions:**

Dana Milburn, PTA President

# WELCOME



YORKTOWN PTA BOARD WELCOMES AND THANKS YOU:

Dana Milburn, President, [president@yhspta.org](mailto:president@yhspta.org),  
[dmdb@rcn.com](mailto:dmdb@rcn.com)

Kate Sheehey, Internal VP, [internalvp@yhspta.org](mailto:internalvp@yhspta.org)

Katrina Brubaker, External VP, [externalvp@yhspta.org](mailto:externalvp@yhspta.org)

Akisha Burgett, Communications VP, [news@yhspta.org](mailto:news@yhspta.org),  
[yhsptanews@gmail.com](mailto:yhsptanews@gmail.com)

Dan Sennott, Treasurer, [treasurer@yhspta.org](mailto:treasurer@yhspta.org)

Berrin Ozbilgin, Secretary, [secretary@yhspta.org](mailto:secretary@yhspta.org)

Dr. Kevin Clark, Principal, [kevin.clark@apsva.us](mailto:kevin.clark@apsva.us)



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<https://www.yhspta.org/>

[info@yhspta.org](mailto:info@yhspta.org)

WEBSITE/GENERAL CONTACT

# AGENDA

## YORKTOWN PTA MEETING

7:30 – 9:00 p.m.

(PTA Informal Q&A, 7:00 – 7:30 p.m.)

- I. **Welcome and Introductions:** Dana Milburn, PTA President
- II. **Principal's Report/Q&A:** Dr. Kevin Clark, Principal
- III. **Potential PTA Events Discussion:** PTA Leadership and Dr. Clark
  - a. Helping our kids through virtual learning
  - b. Substance abuse
- IV. **Potential No-contact Ideas to Lift Kids' Spirits:** PTA Leadership and Dr. Clark
  - a. What can we do for YHS kids, through virtual platforms or – if feasible -- by dropping off a little something for every child, that might lift their spirits? In-person gatherings are still definitely not recommended; even more so as case numbers hit record levels, but we're looking for ways to remind YHS kids that they are loved, and to spread a little happiness, if possible.
- V. **Potential No-contact Ideas for Teachers/Staff:** PTA Leadership and Dr. Clark
- VI. **Special: Discussion with Nancy Van Doren, Arlington School Board Member and YHS Liaison to the School Board**
- VII. **Committee Report:**
  - a. Grants Committee: Jennifer Gold, Co-Chair
- VIII. **Financial Report:** Dan Sennott, PTA Treasurer
- IX. **Approval of October 19, 2020, Meeting Minutes:** Berrin Ozbilgin
- X. **Announcements:** Dana Milburn



# PRINCIPAL'S REPORT

## Principal's Report:

Dr. Kevin Clark, Principal

- Updates for Re-Opening L1 & L3
- Virtual Yorktown –
  - Successes
  - Patriot Period
- November Update - Schedule
- Senior Experience Kick-off
- Athletics & Activities update
- Equity Team Updates
- Social/Emotional Learning Team Updates
- Wellness & Supports
  - Sources of Strength Parent Session
- Q&A



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# Brainstorming and Discussion

## Potential Parent/Guardian & Family Events: Helping our Kids Through Virtual Learning



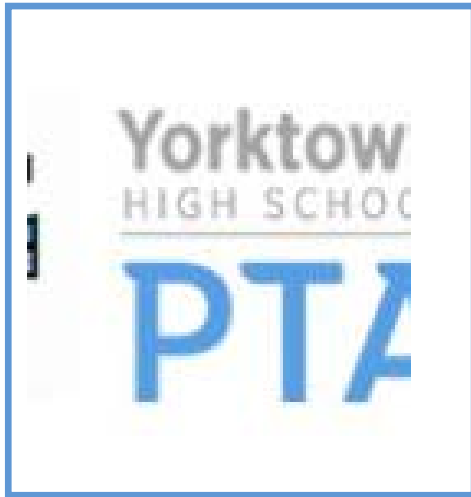
Helping our Students during Virtual Learning (Hope to open event County-wide)

- a. Emotional wellness?
  - b. Loneliness?
    - a. Social isolation, especially for those who don't have friends nearby
  - c. Social/Emotional Learning?
  - d. Executive Functioning skills?
  - e. Other organizing, such as organizing work space?
  - f. Stress – many students having trouble being efficient at home; feeling of pressure to get things done
  - g. Uncertainty/Anxiety – election, Covid, and school
  - h. College planning academic achievement – has been difficult in Covidworld
  - i. Resiliency
  - j. Too much screen time – so ideas that don't require being on screen
- 
- k. What else?

Handy Links from YHS/APS Substance Abuse Counseling:

- <https://yhs.apsva.us/families/choose-health-program/>
- <https://www.apsva.us/student-services/substance-abuse-counselors/contact-us-2/>
- [YHS Substance Abuse Counselor, Kim Chisolm: kim.chisolm@apsva.us](mailto:kim.chisolm@apsva.us)

# Brainstorming and Discussion Potential Parent/Guardian & Family Events: Addressing Substance Abuse





# BRAINSTORMING AND DISCUSSION

## NO-CONTACT WAYS TO PROVIDE FUN, SOCIAL CONTACT, AND/OR LIFT SPIRITS FOR OUR STUDENTS

**What can we do for YHS kids, through virtual platforms or – if feasible -- by dropping off a little something for every student, that might lift their spirits?** In-person gatherings are still definitely not recommended; even more so as case numbers hit record levels, but we're looking for ways to remind YHS kids that they are loved, to spread a little happiness, if possible, and provide some contact and fun, if possible.

- Student leaders have been asked for thoughts very recently; survey students? Survey families?
- Trivia night? (By grade, or whole school?)
- Movie night? (If technology allows)
- Deliver *small* something to each student? (If we have the person-power for it?)
- Produce list of ideas for families to do together? For kids to do at a distance? Individually?
- Pair off to talk
- "Among Us" or other video Games – game nights
- Discord app – server to interact
- Team-based virtual, to work as a unit
- Could be by grade
- Hobbies – kids could gather on Zoom, example knitting
- What else?



# Brainstorming and Discussion

## Potential No-contact Ideas for Teachers/Staff



Our teachers and staff have worked so hard to make virtual learning the best it can be for our students. It's been tough, and required lots of extra work, for them, too. What can we do to show our appreciation, and maybe give them something that spreads a bit of happiness?

- Another Electronic gift card?
  - If so, to where? A restaurant? Something else?
- A thank-you-note writing campaign?
- What else?



**SPECIAL: DISCUSSION**  
**WITH MS. NANCY VAN DOREN**  
Arlington School Board Member  
& YHS School Board Liaison



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- **Teacher/Staff Grants:**  
Jennifer Gold

COMMITTEE REPORTS

# MEETING MINUTES

**III. Approval of October 19, 2020,  
Meeting Minutes: Berrin  
Ozbilgin, PTA Secretary**

<https://www.yhspta.org/wp-content/uploads/2020/09/Yorktown-PTA-Meeting-Minutes-03.09.20.pdf>



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# FINANCIAL REPORT

**V. Treasurer's Report:**  
Dan Sennott, PTA Treasurer



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**ANNOUNCEMENTS**



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THANK YOU!





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